



Marsha Marsh is a Professional Life Coach certified through the Coaches Training Institute. This training, combined with her extensive background in personal growth work, as well as leadership and

facilitator training, enables Marsha to provide coaching services and seminars on a variety of topics. These include: personal and corporate/executive coaching, communication training, team building workshops, and the parent/child relationship with an emphasis on adolescent issues. Marsha has worked with individuals, nonprofits and corporations including Chicago Public Schools, Exelon (Commonwealth Edison), Merrill Lynch and Northbrook Park District.

Her acute ability to see through complex issues gently and effectively supports her clients in accessing their inner strengths and gifts, helping them move through perceived obstacles in order to create lives of their own design.

Having experienced challenges with her own children (ages 25 and 28), aware of the prevalent self-destructive patterns of today's youth, and witnessing the frustrations of so many well intentioned parents she coached, Marsha began to see that today's children are in dire need of a more conscious way of parenting than our current generation of parents has been prepared to give. With her training as a life coach and her own passionate commitment to parenthood, Marsha has created an innovative approach that supports parents to discover their unique way to relate more effectively to their children.



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Parents as Guides

as you

discover yourself

you will

discover your children

and what's really important to them

presented by

Marsha Marsh Coaching



“If I fill up my children’s lives with things that are important to me there may be no room left for the things that are important to them”

-Meditations of Parents Who Do Too Much

Products & Services

Parents as Guides

A Two Day Workshop

Parent Learning Circle

6 week program offered for continued integration and application of workshop lessons and ideas

Other Services

Free sample coaching sessions available

- Individual Life Coaching
- Relationship Coaching
- Parent & Family Coaching
- Conflict Resolution
- Communication Workshop
- Team Building & Assessment
- Value Based Goal Setting
- Change Management
- Vision, Mission and Values Statements
- Develop and Deliver Customized Trainings and Workshops

Call for More Details

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The parent we think we should be may not be the parent our child needs us to be. It is important to see our children as individuals. Believing in these statements will change our approach to parenting. Spend a day uncovering driving forces that influence your parenting. The format of experiential exercises is designed to assist you through personal discoveries to unlock the door to easier parenting and more fulfilling relationships.

“I had been trying a mixed bag of parenting methods—with mixed success. After taking Marsha’s course, I found that my kids can actually help me raise them. I never knew parenting could be so creative.”

—R. Dunsten, Aurora, IL

Benefits

- **Take the guesswork out of parenting**
- **Reduce conflict so relationships flow more easily**
- **Gain self acceptance and raise your self esteem as a parent**
- **Stay focused and supportive even in the face of adversity**
- **Parent from a place of unconditional love**
- **Create more connected relationships**
- **Bring your learning into your families through ongoing support**
- **By exploring your beliefs and assumptions, gain clarity as to why you parent as you do**
- **Learn how to identify the difference between your needs and your child’s needs**
- **Shift how you see yourself and therefore how you see your child**
- **Learn the advantages of being your child’s guide**

Objectives